

# aging in place resource list<sup>1</sup>



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## Home Repair Resources

### Grant & Loan Programs

#### ***City of Tacoma Residents***

##### City of Tacoma Single Family Residence Rehabilitation Loan Program

- Assists low and moderate-income Tacoma homeowners. Loans up to \$50,000 are available. Qualifying projects include roof replacement, painting, window replacement, flooring replacement, HVAC/heating system replacement, electrical work, sewer repair or installation, termite and pest repair, repair/replace concrete sidewalks or driveways that present a safety concern, ADA ramps, and more.
- Tel: **253- 591-5667** | Website: [www.cityoftacoma.org/cms/One.aspx?portalId=169&pageId=6252](http://www.cityoftacoma.org/cms/One.aspx?portalId=169&pageId=6252)

#### ***City of Lakewood Residents***

##### City of Lakewood Housing Assistance

- Offers programs to assist with home repairs, upgrades, or funding to buy a new home. Low-interest loans for low to moderate-income homeowners to address health & safety issues, code violations, and more. Qualifying repairs include roof, electrical, plumbing, windows, doors, insulation, heating, appliance, sewer, and more.
- Website: [www.cityoflakewood.us/community-housing-programs](http://www.cityoflakewood.us/community-housing-programs)
- Tel: **253-983-7754** | Email: [sbennett@cityoflakewood.us](mailto:sbennett@cityoflakewood.us)Coordinator

#### ***Pierce County Residents (outside city limits of Tacoma and Lakewood)***

##### Pierce County Home Repair Program

- Provides minor home repair grants to income-eligible homeowners. Application available online.
- Website: [www.piercecountywa.gov/1283/Home-Repairs](http://www.piercecountywa.gov/1283/Home-Repairs)
- Tel: **253- 798-4400, Option #2** | Email: [lesa.mancini-williamson@piercecountywa.gov](mailto:lesa.mancini-williamson@piercecountywa.gov)

##### Pierce County Home Rehabilitation Program

- Provides low-interest loans for low-income Pierce County homeowners to improve their housing conditions. Loans up to \$80,000 are available. Loans for disability modifications up to \$10,000 are provided at zero interest and are forgiven over seven years. Qualifying repairs include ADA and disability modifications, roofing, siding and exterior paint, flooring, bath, kitchen, interior paint, plumbing, electrical, heating, well and septic, and more.
- Website: [www.piercecountywa.gov/3093/Home-Rehabilitation-Loan-Program](http://www.piercecountywa.gov/3093/Home-Rehabilitation-Loan-Program)
- Tel: **253-798-6905** | Email: [shannon.shuman@piercecountywa.gov](mailto:shannon.shuman@piercecountywa.gov)
- Tel: **253-208-2480** | Email: [laura.charbonneau@piercecountywa.gov](mailto:laura.charbonneau@piercecountywa.gov)

##### United States Department of Agriculture - Rural Development Home Repair Program

- Eligible rural addresses only. Check eligibility online.
- Also known as Section 504 Home Repair program, can provide loans and grants to low-income homeowners to repair health and safety hazards in their homes. Program information and application available online.
- Website: [www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants](http://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants)
- Tel: **360 704-7760** (Olympia Area Office)

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<sup>1</sup> Tacoma/Pierce County Habitat for Humanity understands how important it is to have access to reliable information. The resources provided here are intended for informational purposes only. Habitat does not endorse any specific program. Individuals need to independently verify eligibility requirements, as program details are subject to change.

## Home Repair Programs

### Rebuilding Together South Sound

- Nonprofit, provides critical health and safety repairs for eligible low-income households in Tacoma, Pierce County, Federal Way, and Auburn. Household must include one of the following to qualify: A senior, a person with a disability, or a child under 18.
- National Rebuilding Day - moderate scale home repair and cleanup projects, done with volunteer groups.
- Website: [www.rebuildingtogether.org/apply-for-services](http://www.rebuildingtogether.org/apply-for-services)
- Tel: 253-238-0977 | Email: [info@rebuildingtogether.org](mailto:info@rebuildingtogether.org)

## Energy & Utility Assistance

### ***Tacoma Public Utilities (TPU) Customers***

#### Bill Credit Assistance Plan

- Offers qualifying households monthly automatic bill credit for all services, regardless of payment. Additional monthly credits with full and on-time payments. Apply online or mail printable application.
- Website: [https://www.mytpu.org/payment-billing/payment-information/payment-assistance/#pattern\\_1](https://www.mytpu.org/payment-billing/payment-information/payment-assistance/#pattern_1)
- Tel: **253-502-8600**

#### Budget Billing & Payment Arrangements

- Enroll to pay one consistent and predictable utility payment amount every month.
- Website: [www.mytpu.org/payment-billing/payment-information/budget-billing/](http://www.mytpu.org/payment-billing/payment-information/budget-billing/)
- Tel: **253-502-8600**

#### Discount Rate Program

- Receive up to a 35% discount on electricity, drinking water, solid waste, wastewater, and stormwater. Must be 62 years old or receive state/federal disability income and be below income threshold. Apply online or mail.
- Website: [www.mytpu.org/payment-billing/payment-information/payment-assistance/#pattern\\_2](http://www.mytpu.org/payment-billing/payment-information/payment-assistance/#pattern_2)
- Tel: **253-502-8600**

#### Water Saving Kits

- Free indoor and outdoor water saving kits featuring products like kitchen and bathroom sink aerators and efficient showerheads. Apply on the website. While supplies last!
- Website: [www.mytpu.org/ways-to-save/save-water-lower-bill/install-instant-savings-with-your-free-water-savings-kit/](http://www.mytpu.org/ways-to-save/save-water-lower-bill/install-instant-savings-with-your-free-water-savings-kit/)
- Tel: **253-502-8723** | Email: [conservation@cityoftacoma.org](mailto:conservation@cityoftacoma.org)

### ***Puget Sound Energy (PSE) Customers***

#### Bill Discount Rate

- Can help with your monthly energy bill. Save 5% to 45% a month. Fast application online!
- Website: [www.pse.com/en/account-and-billing/assistance-programs/bill-discount-rate](http://www.pse.com/en/account-and-billing/assistance-programs/bill-discount-rate)
- Tel: **888-225-5773**

#### Home Energy Lifeline Program (HELP)

- A bill assistance program (funded by rate payers) to help pay electric or natural gas bills of PSE customers. Credit your account for up to \$1,000. For application, view website.
- Website: [www.pse.com/en/account-and-billing/assistance-programs/HELP](http://www.pse.com/en/account-and-billing/assistance-programs/HELP)
- Tel: **888-225-5773**

#### Salvation Army Warm Home Fund

- Provides short-term, emergency bill payment assistance to PSE customers.
- Website: [www.puyallup.salvationarmy.org/puyallup\\_valley/utility-assistance/](http://www.puyallup.salvationarmy.org/puyallup_valley/utility-assistance/)
- Puyallup Tel: **253-841-1491** Tacoma Tel: **253-572-8452 x101**

### ***Elmhurst Mutual Power & Lighting Company Customers***

#### Salvation Army Warm Home Fund

- Energy assistance through Salvation Army Warm Home Fund.
- Tel: **253-841-1491** | Website: [https://puyallup.salvationarmy.org/puyallup\\_valley/utility-assistance/](https://puyallup.salvationarmy.org/puyallup_valley/utility-assistance/)

## ***City of Tacoma Residents***

### Energy Assistance – Metropolitan Development Council (MDC)

- MDC is a social service agency that can assist low-income families with heating and energy costs.
- Website: [www.mdc-hope.org/liheap-2023/](http://www.mdc-hope.org/liheap-2023/)
- Tel: **253 572-5557** | Email: [info@mdc-hope.org](mailto:info@mdc-hope.org)

### Helping Hand House

- Funds available for households who've been served a disconnection notice and have children living in the home.
- Website: [www.helpinghandhouse.org](http://www.helpinghandhouse.org)
- Email: [info@helpinghandhouse.org](mailto:info@helpinghandhouse.org) | Tel: **253-848-6096**

## ***Pierce County Residents (outside city limits of Tacoma, includes Lakewood)***

### Low Income Energy Assistance Program – LIHEAP (Pierce County Department of Human Services)

- DHS can help pay heating bills directly to utility companies. Applicants can apply over the phone or online
- Website: [www.piercecountywa.gov/1280/Energy-Assistance](http://www.piercecountywa.gov/1280/Energy-Assistance)
- Tel: **253-798-4328**

## ***City of Lakewood Residents***

### Lakewood Water District- Customer Assistance Program (CAP)

- CAP is a customer funded bill assistance program that helps pay water bills. Partners with LASA (Living Access Support Alliance); serves LWD customers in need.
- Website: [www.lakewoodwater.org/lwd/page/customer-assistance-program-cap](http://www.lakewoodwater.org/lwd/page/customer-assistance-program-cap)
- Tel: **253-582-5320**

## ***Anderson Island Residents***

### Tanner Electric Cooperative

- Energy assistance to Tanner Electric customers through Salvation Army.
- Tel: **253-572-8452** | Website: [www.tannerelectric.coop/bill-payment-assistance](http://www.tannerelectric.coop/bill-payment-assistance)

## ***Puyallup Residents***

### All Saints Parish

- Servants of St. Teresa Ministry can provide utility assistance to Puyallup residents with a disconnection notice.
- Website: [www.allsaintsparish.com/outreach/financial-assistance](http://www.allsaintsparish.com/outreach/financial-assistance)
- Tel: **253-848-2000** | Email: [ascsc@allsaintsparish.com](mailto:ascsc@allsaintsparish.com)

### St. Francis House

- The Emergency Assistance/Homeless Prevention program is meant to provide critical short-term relief such as utility bill assistance. Applicants must qualify based on income and live within eligible areas in Puyallup and East Pierce County. To apply, email or call and St. Francis will send you an application.
- Website: [www.puyallupfrancishouse.org/our-programs/emergency-assistance/](http://www.puyallupfrancishouse.org/our-programs/emergency-assistance/)
- Tel: **253-770-6991** | Email: [clientinfo@puyallupfrancishouse.org](mailto:clientinfo@puyallupfrancishouse.org)

## **Furnace / HVAC / Water Heaters (see also Weatherization)**

### Rebates and Loans – Tacoma Public Utilities

- Deferred and zero interest loans and rebates are available to help make home improvements and upgrades more affordable: e.g., heat pump, water heater, insulation, windows, duct sealing/insulation, and more.
- Website: [www.mytpu.org/ways-to-save/residential-incentives/](http://www.mytpu.org/ways-to-save/residential-incentives/)
- Tel: **253-502-8368** | Email: [rebates@cityoftacoma.org](mailto:rebates@cityoftacoma.org)

### Rebates and Offers – Puget Sound Energy

- Rebates and savings on energy efficiency upgrades: e.g., appliances, lighting, heating systems, insulation and more. Applies to existing single-family properties only. Higher rebates for income-qualified customers.
- Website: [www.pse.com/rebates](http://www.pse.com/rebates)
- Tel: **800-562-1482** | Email: [energy.advisor@pse.com](mailto:energy.advisor@pse.com)

## Rebates - Lakeview Light & Power

- Rebates on windows, doors, insulation, and heat pumps. Income qualified rebates available for washer and dryers. Application and forms available on website.
- Website: <https://www.lakeviewlight.com/save-energy-money/rebates/>
- Email: [mike.porter@evergreen-efficiency.com](mailto:mike.porter@evergreen-efficiency.com) | Tel: **503-730-3122**
- Tel: **253-584-2277** (Lakewood Appliance, washer/dryer rebate) | Tel: **253-584-6060** (Lakeview Light & Power)

## Plumbing / Sewer / Septic System

### Craft3 Clean Water Loan

- A nonprofit, non-bank community development financial institution. Provides affordable loans for septic repairs, replacements or sewer connections to low-income homeowners in Washington and Oregon.
- Website: [www.craft3.org/homeowner-loans/clean-water](http://www.craft3.org/homeowner-loans/clean-water)
- Tel: **888-231-2170**

### Volunteer– plumbing diagnostics

- Erick Gray. Email: [flyorion2001@yahoo.com](mailto:flyorion2001@yahoo.com)

### ***City of Tacoma Residents***

#### Residential Sewer Conservation Loan

- Low-interest loans of \$1,000 - \$10,000 for repair and replacement of your side sewer (the pipe that connects your home to the city sewer). Must qualify based on credit score. Application forms and more info online.
- Website: [www.cityoftacoma.org/cms/One.aspx?portalId=169&pageId=15093](http://www.cityoftacoma.org/cms/One.aspx?portalId=169&pageId=15093)
- Tel: **253-502-2255** | Email: [sseivert@cityoftacoma.org](mailto:sseivert@cityoftacoma.org)

#### Tacoma Water Grant and Loan Program – Tacoma Public Utilities

- Provides zero interest loans or grants up to \$5,000 (for income qualifying clients) to have aged or leaky water lines replaced. Application available to submit online or download and mail.
- Website: [www.mytpu.org/payment-billing/payment-information/payment-assistance/water-grants-and-loans/](http://www.mytpu.org/payment-billing/payment-information/payment-assistance/water-grants-and-loans/)
- Tel: **253-502-8058** | Email: [WaterGrantLoan@cityoftacoma.org](mailto:WaterGrantLoan@cityoftacoma.org)

### ***Pierce County Residents – eligible addresses only***

#### Water & Waste Disposal Loan & Grant Program - USDA Rural Development

- Specific rural areas only. Check address eligibility on USDA website.
- Income-based repair loans for septic systems.
- Website: [www.rd.usda.gov/programs-services/water-environmental-programs/water-waste-disposal-loan-grant-program](http://www.rd.usda.gov/programs-services/water-environmental-programs/water-waste-disposal-loan-grant-program)
- Tel: **360-704-7769**

#### Septic Inspection Financial Assistance Programs – Tacoma/Pierce County Health Department (TPCHD)

- Specific rural areas only. Check address eligibility on TPCHD website.
- Applies to routine septic inspections only. Cannot be used for property sales. To apply, fill out the financial assistance form online and email your completed form.
- Website: [www.tpchd.org/healthy-homes/septic-systems/operation-and-maintenance-of-your-system/](http://www.tpchd.org/healthy-homes/septic-systems/operation-and-maintenance-of-your-system/)
- Tel: **253-649-1421** | Email: [omfa@tpchd.org](mailto:omfa@tpchd.org)

### ***Key Peninsula Residents***

#### Free Water Testing – Tacoma/Pierce County Health Department (TPCHD)

- Private drinking water wells only. TPCHD will test for arsenic, chloride, and saltwater intrusion.
- Website: [www.tpchd.org/healthy-homes/drinking-water/](http://www.tpchd.org/healthy-homes/drinking-water/)
- Tel: **253-649-1500** | Email: [EHDDrinkingWater@tpchd.org](mailto:EHDDrinkingWater@tpchd.org)

## Roofing

### Valentine Roofing's Peace of Mind Program

- Each year Valentine provides three to four roofing installs, free of charge for families and community members in need in south sound area. Participants can be nominated through the nomination form on their website.
- Website: [www.valentineroof.com/about/community](http://www.valentineroof.com/about/community)

## Yard Care / Exterior Paint

### Associated Ministries - Paint Tacoma Beautiful

- Organizes volunteer crews each summer to paint the exteriors of homes of low-income, elderly and disabled homeowners within Tacoma City Limits.
- Website: [www.associatedministries.org/supportive-services/paint-tacoma-beautiful/](http://www.associatedministries.org/supportive-services/paint-tacoma-beautiful/)
- Tel: **253-383-3056** | Email: [allisah@associatedministries.org](mailto:allisah@associatedministries.org)

### Catholic Community Services of Western Washington (CCSWW)

- Volunteer services such as home repair and yard work provided to low-income seniors and disabled individuals.
- Tel: **206-323-6336** (General Inquiries) | Website: [www.ccsww.org/services/volunteer-services-southwest/](http://www.ccsww.org/services/volunteer-services-southwest/)

### Our Savior Lutheran Church - Faith in Action

- Faith in Action is a group of volunteers from Our Savior Lutheran Church who get together to serve mid-county, the Summit-Waller area of Pierce County. Community Action Teams can tackle almost any job for those who lack the means or the know-how: e.g., safe handrails,
- heavy lifting, yard work for seniors, painting, plumbing, and more. For more information and/or to recommend a project for the FIA team, visit the website or call.
- Tel: **253-531-2112** | Website: [www.oslc.com/faith-in-action.html](http://www.oslc.com/faith-in-action.html)

## Weatherization Programs

### *City of Tacoma Residents*

#### MDC- Weatherization Program

- Furnace repairs, window replacements, insulation, and improving indoor air quality. Owner-occupied or rentals.
- Website: [www.mdc-hope.org/weatherization/](http://www.mdc-hope.org/weatherization/)
- Tel: **253-593-2336** | Email: [weatherization@mdc-hope.org](mailto:weatherization@mdc-hope.org)

#### ***Pierce County Residents (outside city limits of Tacoma, includes Lakewood)***

#### Weatherization Assistance Program – Pierce County Department of Human Services

- Helps low-income families reduce their energy costs by increasing energy efficiency, e.g., home assessment, insulation, air sealing, heat loss reduction, furnace repair, energy use reduction, and more. Additional programs for clients with COPD or asthma.
- Website: [www.piercecountywa.gov/1290/Home-Weatherization](http://www.piercecountywa.gov/1290/Home-Weatherization)
- Tel: **253-798-4400** | Email: [donn.falconer@piercecountywa.gov](mailto:donn.falconer@piercecountywa.gov)

#### Lakeview Light and Power w/ Washington State Matchmaker Program

- Low-income households can permanently reduce energy bills and energy loss in electrically heated homes in Lakeview Light & Power's service territory. Improvements - e.g., a ductless heat pump heating system, an air seal of cracks and holes, adding wall, floor, ceiling, or attic insulation
- Website: [www.lakeviewlight.com/save-energy-money/low-income-weatherization-helps-save-money/](http://www.lakeviewlight.com/save-energy-money/low-income-weatherization-helps-save-money/)
- Tel: **253-798-4400, option #3** (Donn Falconer, Pierce County Department of Human Services)

## Home Repair - Outside Pierce County

City of Auburn Housing Repair Program

- [www.auburnwa.gov/city\\_hall/community\\_development/community\\_services/housing\\_repair](http://www.auburnwa.gov/city_hall/community_development/community_services/housing_repair)

City of Federal Way Housing Repair Program

- [www.cityoffederalway.com/page/community-services-division-0](http://www.cityoffederalway.com/page/community-services-division-0) (scroll all the way down)

Kitsap Home Rehabilitation Program

- [www.housingkitsap.org/home-ownership-assistance](http://www.housingkitsap.org/home-ownership-assistance)

Sound Generations – list of home repair programs in Seattle/King County

- [www.soundgenerations.org/home-repair-programs/](http://www.soundgenerations.org/home-repair-programs/)

Seattle/King County Habitat for Humanity Home Repair Program

- [www.habitatskc.org/what-we-do/home-repairs/](http://www.habitatskc.org/what-we-do/home-repairs/)

King County Housing Authority - Weatherization

- [www.kcha.org/wx](http://www.kcha.org/wx)

King County Housing Repair Program

- [www.kingcounty.gov/depts/community-human-services/housing/services/housing-repair.aspx](http://www.kingcounty.gov/depts/community-human-services/housing/services/housing-repair.aspx)

Snohomish County Home Repair Resources

- Homage (nonprofit service provider for seniors including minor home repair): [www.homage.org/home-repair/](http://www.homage.org/home-repair/)
- Snohomish County Habitat: [www.habitatsnohomish.org/homerepairs/](http://www.habitatsnohomish.org/homerepairs/)
- Snohomish County Energy Services: [www.snohomishcountywa.gov/6236/Residential-Services](http://www.snohomishcountywa.gov/6236/Residential-Services)

# General Resources (not home repair)

## Contact Social Security

- Find information online (including benefit letters), or call the national toll free number below to be transferred to a local office. You can visit a local office to receive assistance with or without an appointment.
- Tel: **800-772-1213** | Website: [www.ssa.gov/onlineservices/](http://www.ssa.gov/onlineservices/)
- Tacoma Office: 2608 S 47th St Ste. A, Tacoma, WA 98409
- Puyallup Office: 811 S Hill Park Dr, Puyallup, WA 98373

## Healthcare

### Program of All-inclusive Care for the Elderly (PACE)

- MultiCare PACE PNW is a Medicare and Medicaid program that helps seniors 55 years and older stay healthy and independent as long as possible in their own home and community. A dedicated care team coordinates care including medical appointments, physical therapy, medication management, and light housekeeping, and more.
- Website: [www.multicare.org/services-and-departments/senior-services/pacific-northwest-pace-partners](http://www.multicare.org/services-and-departments/senior-services/pacific-northwest-pace-partners)
- Tel: **253-459-7270** | Email: [Pace-Referral@multicare.org](mailto:Pace-Referral@multicare.org)

### Pierce County Aging and Disability Resource Center

- The Aging and Disability Resource Center offers free long-term care information, referrals, and assistance related to care for seniors and people with disabilities.
- Website: [www.piercecountywa.gov/1986/Aging-and-Disability-Resources](http://www.piercecountywa.gov/1986/Aging-and-Disability-Resources)
- Tel: **253-798-4600** | Email: [ADRC@co.pierce.wa.us](mailto:ADRC@co.pierce.wa.us)

### Apply for Medicaid (aka Washington Apple Health)

- Website: [www.dshs.wa.gov/altsa/home-and-community-services/how-apply-medicaid](http://www.dshs.wa.gov/altsa/home-and-community-services/how-apply-medicaid)

## Medical Equipment-Rental and Sales

### American Medical Rental and Supply

- Rentals including ramps, walking aides, lift chairs, and more. Showroom- “try before you buy!”
- Tacoma: **253-473-3055** | Puyallup: **253-848-1254** | Website: [www.americanmedicalrental.com/](http://www.americanmedicalrental.com/)

### Bellevue Healthcare

- Equipment sales and rentals for bath safety, mobility, and ramps. Same day rentals available!
- Website: [www.bellevuehealthcare.com/services/rentals/](http://www.bellevuehealthcare.com/services/rentals/)
- Tel: **253-274-8500** (Tacoma/Pierce County)

### Wheelchair Haven

- New and used equipment sales. Vehicle lifts, ramps, bath aids.
- Website: [www.wheelchairhaven.com/](http://www.wheelchairhaven.com/)
- Tel: **253-926-8971** (Tacoma/Pierce County)

### Stannah Stairlifts

- Sales of new and reconditioned models. Short term and temporary monthly stair lift rentals. Inquire about chair lifts directly from Stannah or through Olympic Elevator (dealer).
- Tel: **888-965-6230** | Website: [www.stannah.com/en-us/stairlifts/stairlift-rental](http://www.stannah.com/en-us/stairlifts/stairlift-rental)
- Olympic Elevator Company - Tel: **425-549-4642** | Website: [www.olympicelevator.com/](http://www.olympicelevator.com/)

## Mental Health

### Crises Lifeline

- By calling or texting 988, you'll connect with mental health professionals with the 988 Suicide and Crises Lifeline, formerly known as the National Suicide Prevention Line.
- Tel: **9-8-8** | Website: [www.fcc.gov/988-suicide-and-crisis-lifeline](http://www.fcc.gov/988-suicide-and-crisis-lifeline)

### Behavioral Health Pierce County

- Anyone can call the Crisis Line – for themselves, a family member, or friend. An emotional or mental health crisis can leave you feeling helpless, hopeless and alone. BHPC wants you to know that there is help, there is hope.
- 24-hour Pierce County Crisis Line, call **1-800-576-7764**; text HEAL to **741-741**



## WA Warm Line

- A Warm Line is a peer support help line for people living with emotional and mental health challenges. Calls are answered by specially-trained volunteers who have lived experience with mental health challenges. They have a deep understanding of what you are going through and are here to provide emotional support, comfort, and information. All calls are confidential.
- Tel: **877-500-9276** | Website: [www.crisisconnections.org/wa-warm-line/](http://www.crisisconnections.org/wa-warm-line/)

## Nutrition Services

### Nourish Pierce County

- Food bank locations and mobile sites. Completely free to anyone in need. No ID, no address, no proof of income. Visit website for food distribution sites and other information.
- Website: [www.nourishpc.org/need-food/](http://www.nourishpc.org/need-food/)

### Tacoma Adventists Community Services

- The only special dietary needs foodbank in Pierce County for those with dietary restrictions related to diabetes, heart disease and other illnesses.
- Website: <https://www.tacoma-acs.org/>
- Tel: **253 272-8289** | Email: [info@tacoma-acs.org](mailto:info@tacoma-acs.org)

### The Senior Farmers Market Nutrition Program (SFMNP) - Pierce County Department of Human Services

- SFMNP provides FREE \$80 electronic benefit cards to purchase fresh fruit and vegetables to lower-income seniors with the goal of improving their health and nutritional status. Applications open May 1st. Seasonal benefits begin June 1st through October 31st.
- Tel: **253-798-4600** | Website: <https://www.piercecountywa.gov/653/Senior-Farmers-Market-Program>

### Senior Congregate Nutrition - Pierce County Department of Human Services

- 18 senior meal sites throughout Pierce County to eligible seniors. View link for a meal site brochure:
- Brochure: [www.piercecountywa.gov/ImageRepository/Document?documentId=128917](http://www.piercecountywa.gov/ImageRepository/Document?documentId=128917)

### Home Delivered Meals - Pierce County Department of Human Services

- Home-delivered meals provided to homebound seniors, individuals with disabilities or limited mobility. Organized by CCSWW, Lutheran Community Services NW, and Mom's Meals.
- Pierce County residents 60 years of age or older who meet specific eligibility criteria may be eligible to receive free home-delivered meals through CCSWW, Korean's Women's Association, and PurFoods.
- Website: [www.piercecountywa.gov/489/Home-Delivered-Meals](http://www.piercecountywa.gov/489/Home-Delivered-Meals)
  - Catholic Community Services Home-Delivered Meals Program | Tel: **253- 474-1300**
  - Korean Women's Association | Tel: **253-753-3168** or **253-538-8362**
  - Mom's Meals (USDA approved and diabetic friendly) | Tel: **888-726-4677**

## Phone & Internet

### Federal Communications Commission (FCC) - Lifeline Services

- Lifeline is a federal program dedicated to making phone and internet service more affordable for low-income households. This benefit provides eligible consumers with a monthly discount on their phone and internet bills. Apply online, by mail, or through your phone or internet provider.

## Property / Financial / Legal Services

### Property Tax Exemption (Pierce County Department of Human Services)

- Low-income senior or disabled homeowners can reduce their primary residence property taxes by freezing its value for tax purposes, exempting them from various levies.
- Tel: **253-798-2169** | Website: [www.piercecountywa.gov/702/Senior-Citizens-Or-People-with-Disabilit](http://www.piercecountywa.gov/702/Senior-Citizens-Or-People-with-Disabilit)

### Windermere Ready Program

- Program allows sellers to borrow a portion of the equity in their current home to make improvements to the property in anticipation of listing it for sale.
- Tel: **360-359-0998** | Website: [www.windermerepugetsound.withwre.com/b/windermere-ready-o](http://www.windermerepugetsound.withwre.com/b/windermere-ready-o)



### Volunteer Income Tax Assistance – VITA (Associated Ministries)

- The VITA program provides free seasonal help for low and moderate-income households with their income tax preparation. Available February to April 15th. Info can also be found through United Way or your local library.
- Tel: **253-383-3056 x127** | Website: [www.associatedministries.org/supportive-services/vita/](http://www.associatedministries.org/supportive-services/vita/)

### Sound Outreach

- Low-income Pierce County residents can build financial security through coaching, job training, and other connected services.
- Website: [www.soundoutreach.org](http://www.soundoutreach.org)
- Tel: **253-593-2111** | Email: [info@soundoutreach.org](mailto:info@soundoutreach.org)

### NW Justice Project

- Northwest Justice Project (NJP) provides free legal assistance to address fundamental human needs such as housing, family safety, security, health care, education, and more.
- Tel: **206-464-1519** | Website: [www.nwjustice.org/home](http://www.nwjustice.org/home)

### Tacoma Pro Bono Community Lawyers

- Free advice for a range of civil legal issues including family law, housing, criminal records, and legal financial obligation, consumer, and debt issues. To apply, submit intake form online.
- Tel: **253-572-5134** | Website: [www.tacomaprobono.org/](http://www.tacomaprobono.org/)

## Socialization / Caregiving Support

### Senior Friends Program (MultiCare)

- Promotes social engagement of older adults in Pierce County by pairing volunteers with older adults aged 60 + who are homebound and socially isolated.
- Website: [www.multicare.org/services-and-departments/senior-services/senior-services-celebrate/](http://www.multicare.org/services-and-departments/senior-services/senior-services-celebrate/)
- Tel: **253-697-3005**

### The Care Pairs Program (MultiCare)

- Offers tools and guidance for new caregivers and care recipients. At least one of the pair must be 60 years old. The non-paid caregiver may be a spouse, friend, or a neighbor. Caregivers will receive weekly check-ins from staff and help with resources, safety tips, and a listening ear.
- Website: [www.multicare.org/services-and-departments/senior-services/senior-%20services-celebrate/](http://www.multicare.org/services-and-departments/senior-services/senior-%20services-celebrate/)
- Tel: **253-697-3005**

### Senior Friends and Virtual Friends (Lutheran Community Services Northwest)

- The Senior Friends and Virtual Friends programs match volunteers with lonely and socially- isolated elders (65 years +) in communities throughout Pierce County.
- Tel: **253-722-5682** | Website: [www.lcsnw.org/program/senior-friends/](http://www.lcsnw.org/program/senior-friends/)

### Dementia Services Social Engagement (Lutheran Community Services Northwest)

- Free of charge art, music, and memory programs for those living with cognitive challenges, such as dementia and traumatic brain injuries.
- Website: [www.lcsnw.org/program/dementia-services-2/](http://www.lcsnw.org/program/dementia-services-2/)
- Tel: **253-722-5682** | Email: [dementiaactivities@lcsnw.org](mailto:dementiaactivities@lcsnw.org)

## Transportation

### Pierce County Transit Services - Customer Service Center

- Contact for passes and general inquiries, or visit the office at the Tacoma Dome Transit Center.
- Tel: **253-581-8000, Option 2**. Call toll free at **800-562-8109**

### ORCA Lift

- A transit card that allows qualified low-income riders to pay reduced transit fares. It provides a 50% discount on adult fares for participating transit agencies, including Pierce Transit and Sound Transit.

### Pierce Transit Regional Reduced Fare Permit (RRFP)

- Includes discounts for seniors, individuals with a disability, and Medicare Card holders.
- Tel: **800-234-9473** | Website: [www.lifelinesupport.org/get-started/](http://www.lifelinesupport.org/get-started/)

## Resources for Veterans

### Pierce County Veteran Resource Center

- Provides services to all veterans who reside in Pierce County. Partners with federal, state, non- profit and local agencies to help veterans and their families to apply for veterans' benefits, housing, employment, financial security, and behavioral health resources. Acts like a "one stop shop."
- Website: [www.piercecountywa.gov/7621/Veterans-Resource-Center](http://www.piercecountywa.gov/7621/Veterans-Resource-Center)
- Tel: **253-798-7449** | Email: [veterans@piercecountywa.gov](mailto:veterans@piercecountywa.gov)

### Pierce County Veteran Service Officers (PCVSO)

- PCVSOs help veterans and their families navigate veteran services.
- Tel: **253-798-7847** Joe Jimenez | Tel: **253-798-7856** Mel West

### Veteran Crisis Line

- **Call 9-8-8.** Veterans can press "1" after dialing to connect directly to the Veterans Crisis Lifeline, which serves Veterans, and those who support them. For texts, use the Veterans Crisis Lifeline short code: **838-255**.

### VA - Disability Housing Grants for Veterans

- Home modification grants for veterans and service members with certain service-connected disabilities so they can buy or change a home to meet their needs and live more independently. Applies to their permanent home or temporary home. For eligibility requirements and how to apply visit the website.
- Website: [www.va.gov/housing-assistance/disability-housing-grants/](http://www.va.gov/housing-assistance/disability-housing-grants/)
- Tel: **877-827-3702** | Email: [sahinfo.vbaco@va.gov](mailto:sahinfo.vbaco@va.gov)

### Gary Sinise Foundation

- Home modifications, mobility devices, and adapted vehicles. View website for more information assistance.
- Tel: **615-575-3500** | Website: [www.garysinisefoundation.org/home-mods-and-mobility](http://www.garysinisefoundation.org/home-mods-and-mobility)